



The Croatan Civic League News

July 2019

President's Letter by Mike Kelly

Ladies and Gentlemen,

To those of you who made it to the Spring Fling, I think you will agree that we had a great time. Despite the threat of bad weather, we didn't have any rain. It was cool, and we did have some wind. Most people brought something to wear to offset the slight chill. For those that didn't, Katie Ripberger brought quite a few Croatan logo wear sweat tops. She sold them all.

I would like to thank a few key people. Bill Garvey was the overall chairman who made sure that all the details were accomplished. "Connie" Agresti managed the very challenging task of working the paperwork with city hall. Its amazing how many permissions and permits are required to put the event on. Also, "Sam" Anderson, who organized the decoration effort. Many others gave some or all their time during the event at the front desk getting people checked in, selling raffle tickets, or helping with the clean-up that evening or the next morning. Ensuring that the Spring Fling is a success takes many volunteers. Again, my heartfelt thanks to all.

Bob Lougen has been working on the new Croatan Civic League website and it is online and working. Many of you may not have visited <https://www.croatanbeach.org/> recently. Please do so and tell us what you think. What do you like and what don't you like. What else should we add. Please send your comments to Bob at directorBL@croatanbeach.org.

For future planning, our Fall dinner and annual elections will on Saturday, 1 November at the Hunt Club Farm nearby at 2388 London Bridge Rd. More details will go out when we get closer to the date.

For those of you who are baby sitters and pet sitters, we need you to update your information. Marian Kitchin who is responsible for producing

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UPCOMING EVENTS:

- 7/18 Book club
 - 8/5 CCL Board Meeting
 - 8/9 Newsletter Deadline
 - 8/15 Book Club
 - 9/14 Artisans at Croatan
- Note: Croatan Women's Club does not meet in July or August**



the monthly Newsletter knows that what she has listed is out of date. If you are or want to be part of the Newsletter list, please reach out to Marian at newsletter@croatanbeach.org.

I continue to encourage you to contact me or a Board member with suggestions or complaints. We need your feedback. We also need volunteers.

All the best,

Mike Kelly

President, Croatan Civic League

(M) 703.439.9153 (Primary) (H) 757.961.6244 (After 7:00 PM)

president@croatanbeach.org

Beach Safety Update by Mike Kelly, CCL VP

Croatan Beach Restoration Project

Government contracts are posted on the FedBizOps site at <https://www.fbo.gov>. The Presolicitation notice for Rudee Inlet Maintenance Dredging is posted. If you want to review it, put W9123619B0022 in the Keyword / Solicitation # box. Within the notice you will see the Croatan Beach portion. It is listed as an option so that it can be costed separately because the city is funding this portion. It also states that 50,000 cubic yards of sand are needed. The past year has been a good accretion cycle so that is the current estimate on what is required.

The Presolicitation notice will be replaced by a Request for Proposal. Contractors will provide their response and bid amount. The Federal government contracting entity for this will then select and award the contract. Hopefully no one will protest the award as this can extend the timing for the actual work significantly. That said, it does seem that everything is on track for the work to start in the Fall.

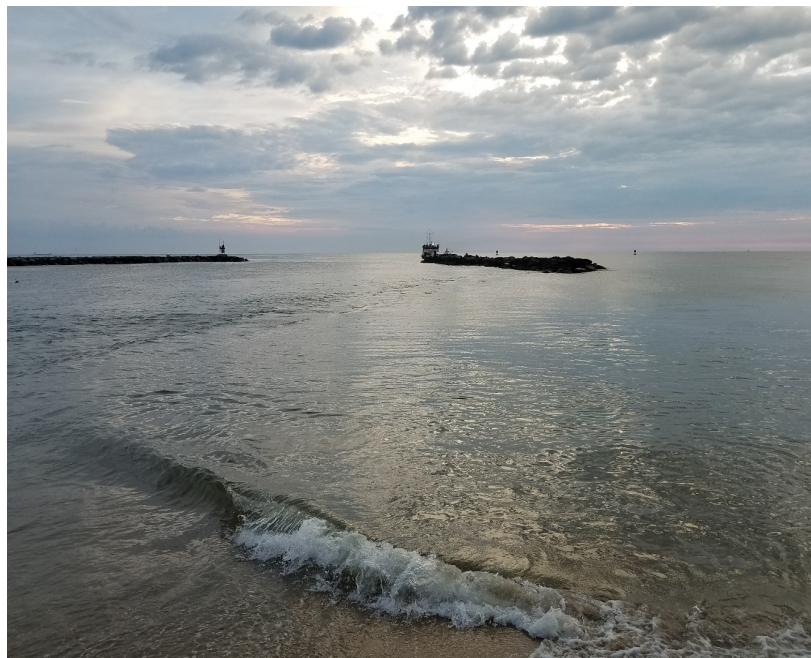
Michael Kelly

CCL President, and Beach Safety Working Group Chair

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Neighborhood Contacts and Helpers

Send any corrections, deletions or additions to this page to Marian Kitchin at mdkitchin@gmail.com.

Welcome Wagon

Contact Cheryl Garvey at
cgcroatan@gmail.com
 or phone 471-5436 if you know
 of new Croatan neighbors .



Book Collection

Betty Rosignolo
 760 Virginia Dare Drive
 437-8662; rbrosignolo@cox.net
 For Sentara Virginia Beach Hospital Auxiliary

Magazine Collection

Michele Speight, Teen Crisis Intervention
 549 Bushnell Drive
 428-7947; msp8@cox.net

Important Contacts

| | |
|--|----------------|
| Police Fire & Rescue Emergencies | 911 |
| Non-Emergency Assistance | 385-5000 |
| Miss Utility | 811 |
| Potholes, Street Signs and Repairs | 385-1470 |
| Animal Control (Option #1) | 385-4444 |
| City Landfill | 385-1980 |
| Bulk Trash Pickup | 385-4650 |
| Croatan Temporary Parking Permit | 385-4131 |
| Wildlife Response , Inc. | 543-7000 |
| VBSPCA Wildlife Referral Line | 263-4762 |
| Wildlife Conflict Helpline (toll free) | (855) 571-9003 |
| Beach Wedding Permit | 385-4800 |

Babysitters in Croatan

| | |
|------------------|-----------------------------|
| Alexa Anderson | 961-0423 or 330-519-1349 |
| Cindi Dunker | 287-6725 or 425-7476 |
| Gregory Harris | 478-8844 |
| Haden Harris | 478-8844 |
| Michael Juliano | 513-1723 |
| Angelina Koester | 4771697 |
| Savannah Reich | 773-6916 |
| Summer Reich | 773-6834 |
| Manon Scholl | 615-8811 |
| Emma Smith | 808-464-8126 |

Pet Sitters in Croatan

| | |
|-------------------|-------------------------|
| Cindi Dunker | 287-6725 or 425-7476 |
| Gregory Harris | 478-8844 |
| Hayden Harris | 478-8844 |
| Caitlin Helveston | 705-9312 |
| Manon Scholl | 615-8811 |
| Annabelle Smith | 641-0943 |

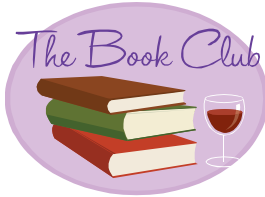
Who to Call

Dead or Stranded
 Marine Mammal
 (dolphin, seal, whale)
 or Sea Turtle
 Virginia Aquarium
 Stranding Response Team
757-385-7575



SCOOP THE POOP!!!! It's the LAW!!! Please carry a plastic bag with you when you walk your dog. Don't let pet waste become part of our waterways or our neighbor's landscape.

The Croatan Book Club



Next Meeting

Date: **Thursday, 07/18/2019**

Time: 7:00 P.M.

Place: Jane Kelly

Selection: **Educated**

by Tara Westover

All Neighbors are welcome. Just read the book (or maybe not), bring a beverage or snack, and e-mail the hostess that you will be attending.

| Date | Future Selections | Author |
|-------------|---|-----------------------|
| 08/15/2019 | Oil and Marble; A Novel of Leonardo and Michelangelo | Stephanie Storey |
| 09/19/2019 | The Delight of Being Ordinary | Roland Merullo |
| 10/17/2019 | Nine Perfect Strangers | Liane Moriarty |

See the CCL website for 2019 selections: www.croatanbeach.org/clubs/bookclub/.

Croatan Women's Club

The Croatan Women's Club does not meet in July or August.

Acceptable Recyclable Material

Recycling Guide

- Paper: office paper, newspaper, junk mail, magazines, phone books, paper bags
- Cardboard & Chipboard: flattened, un-waxed, clean & dry
- Plastics Bottles # 1 -7, NO plastic bags.
- Cartons, including food and beverage cartons (juice, milk, soy milk, soup, broth, etc.)
- Glass Bottles & Jars: clear, green & brown; remove & discard lids.
- Metals: aluminum, steel, or tin food & beverage cans; clean aluminum foil

DO NOT PLACE RECYCLABLES IN PLASTIC BAGS.



Pour out contents or wipe out cans and bottles. Place recyclables loosely directly in your container.

HEAT EXHAUSTION

OR

HEAT STROKE

Faint or dizzy



Throbbing headache



Excessive sweating



No sweating

Cool, pale,
clammy skinBody temperature
above 103°
Red, hot, dry skin

Nausea or vomiting



Nausea or vomiting

Rapid, weak pulse



Rapid, strong pulse



Muscle cramps

May lose
consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

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Safety, Security Update, Citizen’s Advisory Committee (CAC), and Virginia Beach Council of Civic Organizations (VBCCO)



Security:

Croatan utilizes an off-duty VBPD officer to patrol our neighborhood and provide traffic calming presence. The CCL maintains a separate contributory fund to pay for these services, but the fund is running a little sparse – about \$1,600 short for the year based on the current burn rate. Donations are accepted year- ‘round, whether you’re a CCL member or not. Please contact any CCL Board Member, if you’d like to contribute.

- **Don’t Advertise to Thieves** – we live in one of the safest communities within one of the safest cities in America. Nevertheless, Croatan is not immune to crime; especially property crimes – as a July 1 burglary is witness. Packing boxes of big-ticket items are best cut up and/or crushed so they fit into our recycling bins rather than being left curbside for potential thieves to target.



Safety:

“The Season” is here and the wail of ambulance sirens can be heard almost weekly in route to the beach. Let’s take a moment to review the basics that provide for a safe and enjoyable beach visit:

- **No Diving** – the tides and shifting sand bars offshore make for an irregular bottom. Diving into the water can result in paralysis– as it did for one young man last year – or death. Do not be cavalier about this; the laws of physics apply whether you’re an experienced swimmer/surfer or casual wader.
- **Watch out for cyclists** – it’s cycling season and many bicycles lack proper reflective or light producing gadgets. Beware of cyclists, especially if driving into the sun or at dusk/night. Approach the Croatan Road/General Booth intersection warily as sight visibility to the bike path is limited. Also, remember that many bike renters haven’t been on a bicycle in years or have youngsters trailing the pack.
- **Overgrown Foliage** – on the subject of sight distance, please take a critical look around your yards and trim any excess foliage to provide clear access to traffic signs and visual safety for turning drivers. You can notify Public Works of overgrowth on public property by calling 3-1-1 or using the See-Click-Fix web/ phone application.
- **Pets on the Beach** – during the summer months, dogs are not permitted on the beach between 10 AM and 6 PM; whether leashed or not. Please pass the word to your tenants. Please continue to stuff the poop bag dispensers with surplus plastic bags (especially the dispenser at the north end gate).
- **BIRD Scooters** - they’re B-A-C-K, but not allowed on Atlantic Avenue (in the Resort District), the Boardwalk, or sidewalks.
- **Use Sunscreen and Stay Hydrated** – stave off the two biggest summer maladies. A sunburn may simply sting now, but can yield devastating effects later in life. You can get that “healthy” glow while still protecting yourself against skin cancer. Consuming non-alcoholic beverages helps ward off fatigue and keep the mind clear. Drink plenty, but please - no glass on the beach and dispose of containers and straws properly. Other bathers and wildlife thank you.

- **“Stop the Bleed” Training** – Unfortunately, the events of May 31 may cause us to pause and think “what would I have been able to do?” Virginia Beach Volunteer Rescue Squad is offering free “Stop the Bleed” training to citizens. Call 757-385-1999 or visit <https://www.vbems.com/stopthebleed/> to register.

Citizens Advisory Committee (CAC):

Much of this month’s meeting was taken up with discussion of the heroic, but demoralizing, aspects of first responders performance incident to the Municipal Center shooting. Post traumatic stress can manifest itself in many ways – emotional numbness, forgetfulness, unprovoked anger, inability to concentrate, depression, intrusive thoughts, insomnia, etc. If you know someone affected by the shooting and observe these changes in behavior; help them get assistance. Many sources exist for learning more on PTSD, including <https://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/symptoms-causes/syc-20355967> .

Speed enforcement continues on North Great Neck Road.

Second Precinct Police are passing out fliers to resort area hotels advising guests of boardwalk, dog, and bike path regulations. These fliers also advise visitors regarding larceny from beach blankets – a growing trend.

Porch pirates are active in one area of Virginia Beach, but are always shopping for new “markets” so, report suspicious vehicles to VBPD non-emergency number at 757-385-5000.

Virginia Beach Council of Civic Organizations (VBCCO):

Off-Shore Wind – Old Dominion University hosted a Sierra Club presentation May 28 on Dominion Energy’s off-shore wind power generation initiative. Dominion Energy is planning to have two 6 Mega-watt wind power turbines in operation, 27 miles off the coast by 2022. The project kicked off at Camp Pendleton this past week, with Virginia Governor Northam in attendance. You can find additional information at <https://www.sierraclub.org/virginia/offshore-wind> and <https://www.dominionenergy.com/company/making-energy/renewable-generation/wind/coastal-virginia-offshore-wind> .



Opioid Crisis – Ted Logue spoke about federal, state, and local governmental efforts to attack the opioid addiction crisis in America. A Virginia Beach Opioid “Warmline” (757-402-6190) has been established to speak with someone who has kicked an opioid addiction and can offer sources of assistance. “REVIVE” training is available through Virginia Beach Human Services to train citizens on the administration of naloxone (aka: NARCAN), which, if administered in time, can usually revive someone from an opioid overdose. Training is free, but you must register at 757-385-0800. Call any overdose, whether you have/administer naloxone or not, to 9-1-1; concern is for saving a life, not prosecuting drug use.

M. C. “Connie” Agresti
CCL VP, Security Chair

The People Make the Beach

Croatan Civic League

We are on the WEB!
Check us out at
www.croatanbeach.org
and Nextdoor.com

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President, Events, City

Government and Military

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