CROATAN WOMEN'S CLUB March 13, 2023: MEETING MINUTES

- Jo Blomquist, President, started our meeting by thanking everyone for coming. Our meeting was held in Linda Royal-Richie's home, which was beautifully decorated from head to toe in Easter decorations. Staying within the theme of the party (Alice in Wonderland High Tea) Linda, and the rest of the party committee, out did themselves serving a beautiful display of assorted mini pastries, finger sandwiches, deviled eggs, and macaroons.
- Jo welcomed a first-time guest, Eve Green, who ended up joining CWC by the end of the night.
- Memorial plaques for the members who have passed have arrived. We will hold a meeting at our memorial bridge sometime in April to honor and remember these members. We would like anyone who knew these members to please say a word about them in remembrance. An email will be sent with details as soon as they get finalized.
- Financials:
 - Denise Costigan, Treasurer, announced:
 - We had 3 new members sign up during our meeting, bringing our total membership to 61 members.
 - Once all invoices are in, from previous parties, we will announce our balance.
 - Gala information will be announced during our April Meeting
- We will update our member directory, which will hopefully be sent out to everyone in the near-term.
- We want to send out a questionnaire on how you like the current flow of our meeting. If you have any questions that you'd like to include in the questionnaire, email Emily Chamness, Secretary, at emilychamness@gmail.com. Potential changes will take effect in the Fall.
- Announcement by Debbie Kurtz, Vice President:
 - Karen Bartee Ellis was recently treated for Metastatic Breast Cancer, which has spread to her eye. She has undergone treatment but will take time to heal. In efforts to support both her and her husband Tony, we have created a meal train which will be very helpful to them. They have no dietary restrictions or preferences.
 - Click on this link to sign up for Karen's meal train: <u>https://mealtrain.com/lyk82w</u>
- Tori Crenshaws, Member, introduced our guest speaker: Alex Hill, Director of Quality Management at Westminster Canterbury.
 - Ms. Hill is a Registered Nurse and is in the process of getting her doctorate. Ms. Hill gave a great presentation on the advancements in alternative medicines and how they can be tailored to the individual based on their personal needs, without the side effects normally caused by traditional medicines.
 - These alternative medicines have proven successful in targeting joint pain, anxiety, sleep deprivation, and so on.
 - For additional information, contact Alex Hill at <u>alexandria.hill@wcbay.com</u>

- Joan Schaar, who joined in January 2023, is an Interior Designer and will be featured in the May issue of Stroll magazine. Keep an eye out for her article.
- Final announcement: Due to Spring Break plans for many, our next meeting will be held on April 17th. The theme for that party is: Green Day *Find Your Inner Flower Power*.

Emily Chamness CWC Secretary