

CROATAN CIVIC LEAGUE NEWSLETTER



AUGUST 2025

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PRESIDENT'S LETTER

Ladies and Gentlemen,

The newsletter will be short this month. We often do not put out an August newsletter, but there are a few bits of information that are timely.

Beach Nourishment.

We put out an email to everyone on August 1st regarding the delay due to the turtle nest on Croatan Beach and turtle migration season. Although, not confirmed yet, it seems like the project cannot continue until November 15th at the earliest. We will keep everyone informed.

Safety.

Watch the heat! While July is considered to be the hottest of the year, August is only a few tenths of a degree behind. Hydrate adequately and do not spend too much time in the sun.

Rudee Inlet Weir.

We are expecting a CVB presentation of the weir project sometime in September.

Croatan Civic League Annual Meeting.

Sunday, October 26th at Warriors Taphouse. Details to follow.

All the best, remain vigilant, and stay safe,

Mike Kelly
President, Croatan Civic League
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SAFETY/SECURITY - AUGUST 2025

Two Factor Access – Online and at Home: All of us with online accounts have been exposed to two-factor identification requirements. These safeguards take the form of a smartphone Authenticator Application, coded text messages, biometric identifier (e.g., fingerprint), or some other means beyond a simple User ID and Password.



Residents are encouraged to conduct a home self-awareness survey to ensure that they also have a two-factor access on physical points of access. We've all heard the "lock doors and windows" mantra – but if someone breaks into your car, can they activate the garage door opening code you've logged into your vehicle? If they can, is the interior door from the garage to the home protected by an additional lock – either lock and key, dead bolt, or cypher? Identify and secure these vulnerabilities. Like a stick in the track of sliding doors – adding these small secondary levels of protection may help deter home burglaries.

Counterfeit Bills: A recent post on Nextdoor alerts us of counterfeit currency being passed to Oceanfront businesses. The \$20 USD bills are marked as "Motion Picture Purposes," but it is easy to fall victim to these authentic-looking notes, especially in high-turnover, crowded marketplaces, so beware and check your bills.



If you fall victim, do not try to pass the fake bill on because then you are committing a federal crime. If still at the cashier's station, take the time to examine your change and demand they replace the bill. If they won't, contact police at either 757-385-5000 or the VBPB Economics Crime Unit at 757-385-4101.

Spam Mail: When is Unsubscribe, Not Unsubscribe? Some years ago, the U. S. Government required online vendors to insert an "Unsubscribe" link in their emails so that those who were burdened by repeated solicitations could opt out of receiving them. Online users are now being warned not to click on "unsubscribe" links from unknown senders because, like any other links in suspected spam mail, the "unsubscribe" link may also be a gateway to malware. Alternative practices include updating firewall screening protections, sending the suspected email to "Junk" (and then deleting the "Junk" folder contents), and blocking the sender.

Beach Safety Reminders:

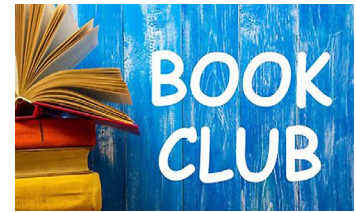
- **Sunscreen** – we’ve had some intense solar radiation of late. Be sure to protect your bodies and, especially young children, with sunscreen.
- **Buddy-Up** – it is always safest to swim with a “buddy.” Going into the water alone, even if you’re a strong swimmer can be dangerous given the frequent rip currents, sand bar drop-offs, and other unseen hazards.
- **Don’t Dive** – sand bars can build up and disappear as quickly as the tides change. Refrain from diving into the water due to the risk of paralyzing injuries or death.
- **Fishing from the Beach** – is legal in Virginia Beach. If you are wading or swimming, give those fishing a wide berth. Fishermen – please police your area to ensure that you have all your tackle when you pack-up to leave. Nobody wants to step on a fishhook.
- **Thunderstorms** – don’t be the tallest object on the beach. Monitor weather with an eye-to-the-sky and with [VBAAlert](#) or other smartphone weather apps. Return home or to cars during thunderstorms.
- **Hydrate** - drink plenty of non-alcoholic beverages during these dog days of summer, especially when Heat Advisories are issued by the National Weather Service.

M. C. “Connie” Agresti,
CCL Safety and Security Director

BOOK CLUB

New Members Welcome!

Our next meeting will be held at the home of the Rosses on Vanderbilt Ave., August 21st. Book for this month is [The Rose Code by Kate Quinn](#).



The Rose Code by Kate Quinn is a book about three female code breakers -- Osla, Mab and Beth -- at Bletchley Park during WWII. The women form a friendship (and a book club) over the years, but a betrayal and traitor among their colleagues lands one of them in locked up in an asylum in the years after the war. But through a letter carefully smuggled out, she's able to issue a cry for help from her confinement. This book has parallels to The Imitation Game.

Future reads:

September 18th - [Harlem Shuffle - Colson Whitehead](#)

October 16th - [God of The Woods](#) (also popular so check wait lists)

November 20th - [Yours Truly](#) - Abby Jimenez

Book reads are chosen by age, availability at library in print and audiobook form, plus suitability for the group and a mix of genres. Movie versions are also acceptable forms for discussion

Any questions? Email cynthiakilmer@verizon.net or call Cindy Kilmer 703-470-1996. Looking forward to spending time with some new and old members!

CROATAN "BE BONE STRONG" WALKING CLUB REMINDERS

Weekly Walk Schedule

Meeting Spot: Corner of Croatan Road & Kerry Lane



- **Saturday Mornings @ 7:30AM** – Our regular weekend walk. A great way to kick off your Saturday with movement, conversation, and connection. There are different pace groups so find the one that works best for you!
- **Tuesday Mornings @ 7:00AM** – Start your day strong! This is an energizing, exercise-focused walk.
- **Thursday Evenings @ 7:00PM** – Our *Walk & Talk* night! A slow-paced, social stroll through Croatan—perfect for catching up with neighbors and unwinding.

We'll always notify you by email if a walk is cancelled due to weather, but otherwise, we're out there rain(ish) or shine!

Let's keep moving—for our bones, our hearts, and our community.

See you on the corner,

Barbara + Bettina

Croatan *Be Bone Strong* Walking Club



RECYCLING INFORMATION

The diagram below from the City of Virginia Beach Department of Public Works, Waste Management, is an excellent guide on what waste materials **CAN** and **CANNOT** be recycled. Placing the wrong materials in the recycle bin can damage equipment and delay processing. Please share this information with renters so we can all follow these guidelines. Thank you!



CITY OF VIRGINIA BEACH INFORMATIONAL WEBSITES



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Click on the image above to subscribe.



Click on the image above to see the latest events upcoming in VA Beach.
Scroll down on the page to see the calendar.

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BOARD OF DIRECTORS



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